

# Cann Hall Primary School

Constable Avenue, Clacton, Essex CO16 8DA

Tel: 01255 420603

Email: [chcontact@compassps.uk](mailto:chcontact@compassps.uk)

Website: [www.cannhall.compassps.uk](http://www.cannhall.compassps.uk)

**Executive Headteacher:**

Ross Silcock

**Head of School:**

Wendy Byrne



Friday 12<sup>th</sup> September 2025

Dear Parents and Carers



Well, we are at the end of our first full week of teaching. The children once again have impressed us with their positive attitudes to learning and have really started the year just as they finished last year. We have had every type of weather, thrown at us this week but it is definitely starting to feel autumnal already. Please make sure your child comes into school prepared for the changeable weather we tend to experience at this time of the year.

We are trying a different format to our newsletter this week, putting all our **reminders, events and support on offer** together in sections so this information is easier for you to refer to. You will find our events and support section at the end of the newsletter, each week.

## **Year 6 to Year 7 Secondary Applications for September 2026**

If you have a child in our **current Year 6**, please be aware that the new secondary school admission round opened today (Friday, 12 September 2025), for parents to apply for a secondary school (Year 7) place for September 2026.

**The statutory national closing date for applications is 31 October 2025.**

Applications can be made online via [www.essex.gov.uk/admissions](http://www.essex.gov.uk/admissions). (99% of parents in Essex applied online last year) and all the information you need to make this application is available on this website.

The website also has a copy of the Secondary Education in Essex 2026-27 booklet which contains details of all secondary school admission policies.

## Learning

The children in **1B** had a marvellous time sorting objects by colour and shape!



**4HH** have been exploring sounds in science using a drum and rice, a ruler and an elastic band. Once they had investigated each item, they wrote some sentences explaining what they had found out.



**5S** doing their first netball session in PE.





## **Thank you**

A huge thank you to everyone who has already contributed to our Amazon wish list already. We are very grateful for your support; it really



makes a difference. If you would like to contribute, the details are under the reminder section towards the end of the newsletter.

## **The Attendance Mountain**

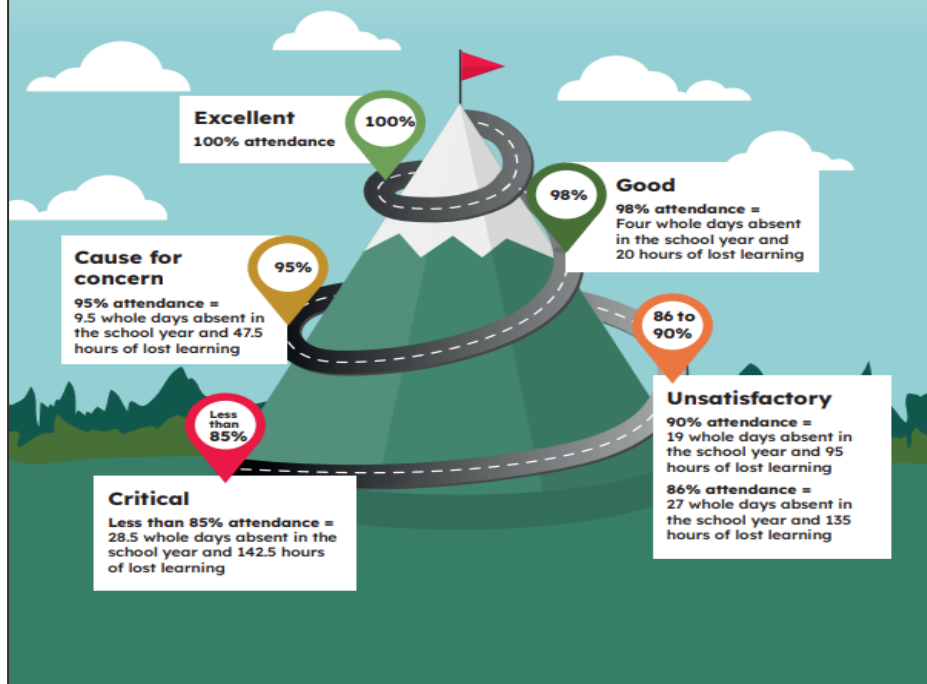
Below is a poster, which demonstrates how your child's attendance can impact on the amount of learning they are missing, across a year. For example, even if your child's attendance is 90% that is still 19 whole days absent in the school year, and 95 hours of learning lost.



If you are struggling with your child's attendance, please do come in and speak to us so we can see if there is any support we can offer.

**If your child, is unable to attend school for any reason, please make sure you let us know, by contacting the school on the morning of each day of their absence.**

## Where does your child sit on the attendance mountain?



### Parent & Carer Alert - The “Salt & Ice Challenge”

We have been made aware of a dangerous online trend, which is resurfacing where children put salt on their skin and press ice on top. This causes serious cold burns (like frostbite). Injuries can need hospital treatment and even skin grafts, as children and young people do not realise the damage until it's too late.

First Aid advice is to cool with lukewarm running water for 10+ minutes, cover with clean cling film, and seek medical help. Do NOT use ice, creams, or fluffy dressings.

Please reinforce the fact that risking lasting damage for 'online likes' is not worth it, if you hear your child mentioning this trend.

### Celebration certificates

This week's certificates awarded in our celebration assembly go to the following role models:

Year 1: Mason A and Mason G

Year 2: Tommy and Abi

Year 3: Grace and Cecelia

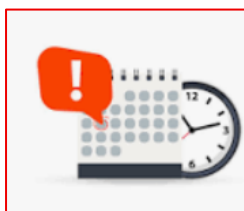
Year 4: Flo and Jim

Year 5: Chester and Keira

Year 6: Enola and Alfie



### **Appointment reminder**



We do understand that your child will need to attend different types of appointments, at some point, during their time here with us. When this is the case, please can we ask that you arrange appointments outside of school hours, so your child does not miss any of their learning time.

If you do need to take your child out of school for an appointment, please give the office 48 hours' notice, in writing via email [cannahall@compassps.uk](mailto:cannahall@compassps.uk). You will also need to attached evidence of your appointment. Thank you.

### **Medications reminder**



Please can you ensure that all medication/inhalers are signed in through the school office. Teachers are not permitted to accept any medication at their classroom doors.

In accordance with School policy regarding the administration of medicines, staff will not be able to give medication to your child unless the "request for school to administer medication form" is completed and signed.

**PRESCRIBED MEDICINES** - must be supplied to the school in their original container as dispensed by the pharmacy, with the pharmacy label showing the child's name. **BLISTER PACKS CAN NOT BE ACCEPCTED.**

**NON-PRESCRIBED MEDICINES** - will only be given when the parent is unable to come to school to administer it themselves. It is at the Head's discretion, for a limited and specific purpose.

### **Healthy Snacks reminder**

We have noticed that a few children have been given snacks to eat at break time that are not on the agreed list below.

Please support us in keeping all the children safe by ensuring that your child is only given snacks from the agreed list so that we can keep those children in our school with serious food intolerances/allergies safe.



Please also send your child in to school every day with a bottle of water or sugar free squash, in a refillable bottle (no glass bottles please).

Please see below the acceptable healthy snacks, which have been agreed on as a school:

- plain biscuits, for example, rich tea, digestives
- breadsticks
- fruit (fresh or dried)
- vegetable or salad sticks
- plain rice cakes
- plain crackers

Don't forget that all the children in EYFS – Y2 receive a weekly delivery of fresh fruit or vegetables, which they are offered at snack time, each day.

### **Amazon Wish List reminder**



If you are interested in supporting the school, here is another reminder of how you can contribute through our wish list.



Just scan this QR code, which will take you to the Cann Hall School Amazon page. Here, you can see what items have been added to the list, how many of each item we are asking for, and how many have already been donated to the school, by other families.

To complete the donation, add the item to your basket as you usually would but ensure that the address is the school's address: **Cann Hall Primary School, Constable Avenue, Clacton-on-Sea, Essex, CO16 8DA**. The item will then be sent straight to the school office.

Thank you, in advance for any support you can give.

## **Parking reminder**



We have noticed a few cars being parked on the double yellow and zig-zag lines, since we have returned to school. We have no zebra crossing or school crossing petrol. Some of our children must cross over Constable Avenue on their own and cars being parked on these markings prevent them from having a clear view of traffic moving along this road. To keep everyone safe, please avoid parking on these markings at the beginning and end of the day. Thank you!

## **Upcoming dates for your diary**

26.9.25: Individual Photographs

29.9.25: Harvest Festival

1.10.25: Flu Vaccinations

27.10.25: First day of the half term

03.11.25: Return to school

Below you will find information on upcoming events and support on offer.

From all the school team, have a lovely weekend.

Kindest regards



Wendy Byrne

## UPCOMING EVENTS

Community Hall  
16-26 Valley Rd, Clacton  
CO15 4AR

SATURDAY 13TH SEPT  
12 MIDDAY TO 4.00PM

JOIN US FOR OUR

# CHARITY FUNDRAISER

FREE  
ENTRY

**SAMUEL'S CHARITY**  
Every sick child needs a smile

RAISING MONEY AND  
HAVING FUN!

- RAFFLE • BOUNCY CASTLE
- NAME THE TEDDY • STALLS  
AND MORE

**L | LEADERS**



CAN'T ATTEND? SCAN ABOVE FOR  
OUR JUST GIVING PAGE AND LEAVE  
THE MESSAGE CLACTON



# Clacton County High School

Walton Road, Clacton-on-Sea, Essex. CO15 6DZ  
Tel: 01255 424266 e-mail: admin@cchs.school

Higher Expectations, Raising Aspirations, Transforming Lives

September 2025

Dear Parents and Carers,

**CCHS Open Evening**  
**Thursday, 25th September 2025 - 4.00pm - 7.00pm**  
**Deadline for secondary school applications: 31st October 2025**

We hope you have enjoyed a lovely summer break. Now that your child is in Year 6, it is time to consider which secondary school will be right for them. Clacton County High School (CCHS) is delighted to invite you, as prospective families and students, to our **Open Evening on Thursday, 25th September from 4.00pm until 7.00pm**. This is the perfect opportunity to see our school, meet our staff and students, and hear about our Admissions Policy and ethos to help with your decision-making.

A series of 15-minute presentations will take place in the Main Hall during the evening as follows:

| Presentation arrival time and school: Main Hall | Presentation start time | School Prospectus - QR Code |
|---|-------------------------|-----------------------------|
| 4.00pm - Holland Park                           | 4.15pm                  |                             |
| 4.30pm – Holland Haven and St Clare’s           | 4.45pm                  |                             |
| 5.00pm - Great Clacton                          | 5.15pm                  |                             |
| 5.30pm – All other Primary Schools              | 5.45pm                  |                             |

Please take the opportunity to look around the school before and after your allocated presentation. You can read more about our school in our prospectus, using the QR code above, and don't forget to visit [our website](#), which contains lots of information.

Parking on the school site is limited; please use the Leisure Centre car park and walk around to the front of the school via Walton Road.

If you are unable to attend and would like a tour of the school, please email [admin@cchs.school](mailto:admin@cchs.school) and we will contact you to make the arrangements for a general tour after school.

We look forward to meeting you on Thursday, 25th September.

Yours faithfully

|                       |                |
|-----------------------|----------------|
| N Gallagher           | C Taylor       |
| Executive Headteacher | Head of School |

Clacton County High School is a member of The Sigma Trust  
Registered in England and Wales Company No: 7926573  
Registered Office: Clacton County High School, Walton Road,  
Clacton-on-Sea, Essex, CO15 6DZ  
e-mail: admin@sigmatrust.org.uk www.sigmatrust.org.uk

**Executive Headteacher: Neil Gallagher**  
**Head of School: Chris Taylor**



A charitable trust  
company number: 10360957


Chief Executive Officer: John Camp OBE  
Registered address: C/o Alderwood Primary School, Rainham Close, Eltham, London SE9 2JB



## Support with sleeping


**FREE PARENT WEBINARS**  
for supporting your primary aged child with sleep.  
Provided by your Mental Health Support Team

Tuesday 23<sup>rd</sup> September  
7pm




Sign-up using the QR code.

Discover how to support your child's sleep in our Sleep Hygiene Workshop for primary school parents. Learn about healthy sleep habits, the role of sleep for children's wellbeing and practical strategies to promote restorative rest. We'll explore the impact of technology and screen time and provide tips to help your child enjoy consistent, restful nights. Ideal for parents looking to boost their child's sleep and overall wellbeing.



Practical Tools to Support Your Childs Sleep  
Tue, 23 Sept, 19:00 BST + 1 more  
Free

Striving to provide the best care by the best people



**NHS**  
North East London  
NHS Foundation Trust

Here is also a couple of short video links about managing children's sleeping from Embers the dragon programme



[Expert Tips: What is good sleep hygiene?](#)

[Expert Tips: Help your child develop good sleep habits](#)

## **Educational Psychology Parent Helpline**

We are pleased to announce the launch of our new support offer for families.

This helpline is here to give advice, support and signposting. It is a confidential, private, and safe service for parents and carers. No referral is needed - just a pre-booked appointment.

The booking is designed to provide an easier and more convenient experience:

- Available on alternating Mondays and Tuesdays
- 1pm to 5pm
- 25-minute appointments bookable via MS Teams
- No more waiting – instant booking confirmation

For booking details and further information, please visit [EP-Parent-Helpline](#)

*Please note: the previous helpline system and telephone number are no longer in use.*

**FREE PARENT WEBINAR**  
for supporting your secondary aged child with anxiety and emotionally based school avoidance.  
Provided by your Mental Health Support Team.

Tuesday 16<sup>th</sup> September  
10am

Sign-up using the QR code.

Join our online workshop for secondary school parents, who want to better understand anxiety and Emotionally Based School Avoidance (EBSA). We'll look at why anxiety happens, what keeps EBSA going and the impact of avoidance. Parents will also learn practical tools such as grounding techniques, problem solving, worry time and thought challenging to help support their child's confidence, wellbeing and return to learning.

Understanding Anxiety & Emotionally Based School Avoidance (EBSA)  
Tue, 16 Sept, 10:00 BST - 1 more  
Free

Striving to provide the best care by the best people

MENTAL HEALTH SUPPORT TEAM  
NHS North East London  
NHS Foundation Trust

