

# Cann Hall Primary School

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Head Teacher:

Sarah Crookes

Deputy Head Teacher:

Wendy Byrne



Friday 26th January 2024

Dear Parents and Carers,

## NSPCC Number Day



Don't forget, we are going to support the NSPCC again this year, by taking part in **their NSPCC Number Day on Friday 2<sup>nd</sup> February**.

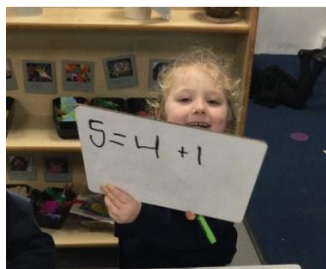
For a minimum donation of £1, we are again asking the children to take up the challenge and **'Dress up for Digits'**. The children can come to school wearing an outfit with a number on it. This can be a favourite sports top or cap. Or why not get more creative and design a unique t-shirt, hat or even become a human-sized calculator, dice, playing card or even a dartboard!

**TT Rockstars** will also be running a times tables tournament on this day too, like last year. We will give you more information about this, nearer the time. But in the meantime, keep encouraging your child to log on to TT Rockstars every day to help them develop their accuracy and instant recall of these important facts.



## EYFS Maths

This week the children in EYFS have been looking at different ways to make 5. The children have used balancing scales, the 5 Little Speckled Frogs song, ladybirds and counters to explore the composition of five. They have even started to record their Maths too! This afternoon, the children have played some games, focusing on turn taking and sharing.

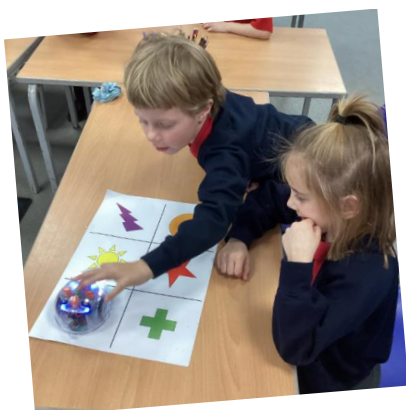


THE  
**COMPASS**  
PARTNERSHIP OF SCHOOLS

A charitable trust  
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## Year One Computing



The children in Year One have loved programming the Beebots, this week, inputting commands to direct their robots to reach different shapes on a grid.

## Year 5 PSHE



As part of their work on health and wellbeing in PSHE, Year 5 have been learning how to treat shock.

The children have learnt that laying the affected person down with their legs raised helps maintain the blood flow to their vital organs and that covering them up with a blanket or coat helps to keep them warm.



## It's Competition Time Again!

All the information for this competition and the design template can be found at the end of this letter. If you have any problems printing, just pop into the office, as we have some printed copies.

If your child is interested in entering, please hand their entry into the school office no later than **Friday 19<sup>th</sup> April** to ensure that we can send them all off in good time before the closing date.



Amber in 5T successfully submitted one of the winning entries last year so let's see if we can start a winning streak. Good luck everyone!

## PTA Discos



We are pleased to be able to announce that the PTA will be running another disco night on **Monday 12<sup>th</sup> February**.

Three discos have been organised again, by the PTA, as follows:

**EYFS, Y1 and Y2 at 3.10 - 4.10pm**  
**Y3 and Y4 at 4.20 - 5.20pm**  
**Y5 & Y6 at 5.30 - 6.30pm**

Book your tickets early to avoid disappointment via [www.pta-events.co.uk/foch](http://www.pta-events.co.uk/foch) . **Booking will close at 3pm on Thursday 8<sup>th</sup> February**. Please ensure you select the correct event, when booking.

Drop off and Collection Arrangements will be as follows:

### **EYFS, Y1 and Y2 (3.10-4.10pm):**

Please send your child into school with their disco clothes. The class teachers have kindly agreed to help them get ready, in class at the end of the day. At 4.10pm, the double gates, at the front of the school, will be opened so you can collect your child from their classroom door.

To try and avoid any 'traffic jam's at drop off and pick up times, we have organised a one-way system for the Y3/4 and Y5/6 discos. Please see below:

### **Y3 & Y4 (4.20-5.20pm) and Y5 & Y6 (5.30-6.30pm):**

Please drop your child back to school, for their disco, at the main office doors. After their disco finishes, please also collect them from the main office doors but this time you will be asked to come in to the hall to collect your child and then asked to exit via the EYFS area and out through the double gates, at the front of the school (as mentioned above).

## NSPCC Campaign



You may have read in the media about the worrying increase in reported child abuse. The NSPCC have launched a campaign with the Home Office to tackle this and raise awareness of the helpline.

### **The NSPCC Helpline**

The Helpline is a free advice line for any adult, including professionals, who has any concerns about a child.

Dedicated child protection specialists can give advice on a wide range of issues affecting children, as well as when child abuse is suspected. They also operate a dedicated Whistleblowing Helpline, which can be contacted for any concerns around child protection within the workplace, or other professional organisations.



They are encouraging any adult to use the Helpline to express any concerns they might have regarding a child, **even if they're not certain**. By doing this, everyone can play a part in helping keep children safe from abuse.

You can contact the Helpline by calling 0808 800 5000, emailing [help@NSPCC.org.uk](mailto:help@NSPCC.org.uk) or completing our [report abuse online form](#).

**If you think a child is in immediate danger, Don't delay – call the police on 999.**

You can find out more information on the NSPCC website:

<https://www.nspcc.org.uk/about-us/news-opinion/2024/2024-01-10-almost-87000-sexual-offences-against-children-were-recorded-by-police-in-the-past-year/>

### Netball Success



## Sports News!



**13-0**

Cann Hall



White Hall  
Academy & Nursery



This week, our netball team played against White Hall Academy.

Another match to be proud of! We dominated the whole game and our defending was particularly strong.

Our players of the match were Alexia, Jess and Chloe.

The final score was:  
Cann Hall 13 v 0 White Hall



## Sports News!



**14-2**

Cann Hall



St Clare's  
R.C. Primary School



This week, our netball team played against St Clare's Primary School.

Despite being without two of our usual players, we played well throughout the game and finished with a fantastic win.

A big thank you to Holly C who stepped in at the last minute. She thoroughly enjoyed her first match and played with confidence.

The final score was:  
Cann Hall 14 v 2 St Clare's

## Football News



**Sports News!**



**Cann Hall**

**0-0**



**St Osyth**  
Church of England  
Primary School

Unfortunately, we had no Mia and Ava-Beau because they had to leave halfway through the match on Tuesday. So, with only 7 players and 3 of the girls sharing the job of goalkeeper (Jess, Phoebe and Florence) we managed to not concede a goal!

It was a very entertaining game with lots of near misses and good chances, but we just couldn't score!

In the end a 0-0 draw was a very positive result, as we did not have any subs for the whole second half – everyone was incredibly proud.

**Coming Up:**

**Tuesday 30th January** – Girls vs Holland Park

**Thursday 1st February** – Boys vs Brightlingsea

## Half Term Football Camps



Colchester United are excited to announce that throughout the February Half Term, they are once again collaborating with Active Essex to offer their ActiVate Camps for children in Colchester. These camps will be held at Shrub End Community & Sports Centre and

Colchester Academy School. Each venue has its own booking link, so please use the appropriate one for your preferred location.

To participate, kindly register based on your child's status (either for Free School Meals or as part of a Low-Income Family). It's important to note that there won't be a complimentary hot meal provided for Low Income families; the funding will exclusively cover the food expenses for children on free school meals. However, there is an option to purchase a meal at £3.50 per day for those in Low Income families.

Throughout all days on camp, your child will participate in a range of different multi sports activities and enrichment activities. The ActiVate Camp Will Include:

- Gifts and Prizes
- High Quality and Safe Facilities & Equipment
- Possible Colchester United 1st Team Appearances or club mascot 'Eddie The Eagle'.
- External Providers to Enrich the Camps

### **Shrub End Community & Sports Centre, CO2 9BG – PRIMARY**

Dates: Tuesday 20<sup>th</sup> February, Wednesday 21<sup>st</sup> February & Friday 23<sup>rd</sup> February 2024.

Time: 10am-2pm

Age Range: 5-11 years old

Free School Meals Link To Register: <https://colchester-united-cf.classforkids.io/camp/436>

Low Income Link To Register: <https://colchester-united-cf.classforkids.io/camp/438>

### **Colchester Academy School, CO4 3JL – PRIMARY**

Dates: Monday 19<sup>th</sup> February, Wednesday 21<sup>st</sup> February & Thursday 22<sup>nd</sup> February 2024.

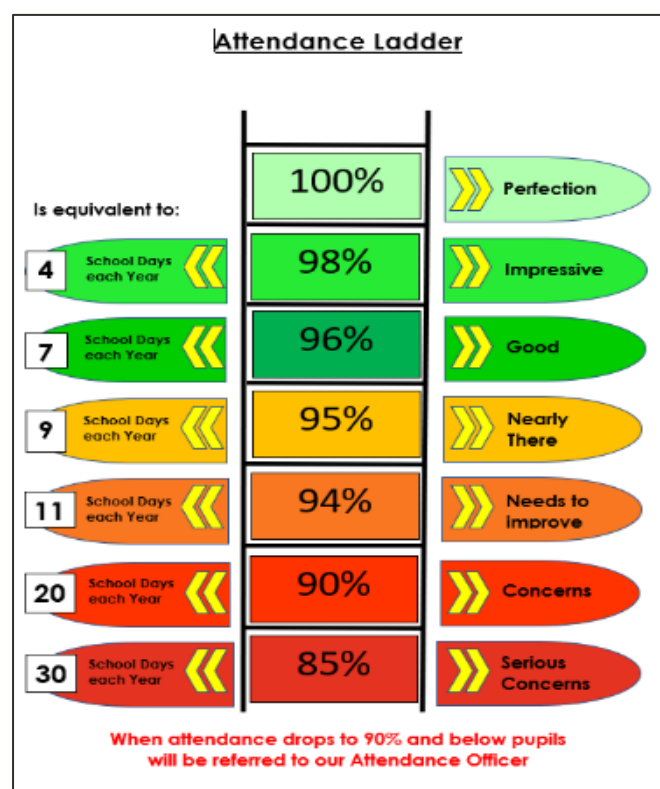
Time: 9.30am-1.30pm

Age Range: 5-11 years old

Free School Meals Link To Register: <https://colchester-united-cf.classforkids.io/camp/434>

Low Income Link To Register: <https://colchester-united-cf.classforkids.io/camp/437>

### **Attendance Update**



Thank you for your on-going support and understanding, regarding the importance of your child being in school every day, when they are well. As we have said before, attending school regularly improves the life chances of children and young people. Being in school every day will improve health, wellbeing and socialisation throughout their life.

Our overall attendance again this week was **93.8%**. We are confident that with your support and once this bug season is behind us our attendance will improve even further.

[NHS 'Is my child too ill for school?' guidance](#) has further information.

We are aware that more children may be absent from school due to symptoms of

anxiety than before the pandemic. Worry and mild or moderate anxiety, whilst sometimes difficult emotions, can be a normal part of growing up for many children and young people. Being in school can often help alleviate the underlying issues. A prolonged period of absence is likely to heighten a child's anxiety about attending in the future, rather than reduce it. DfE has published useful [guidance on mental health issues affecting a pupil's attendance](#) and those who are experiencing persistent symptoms can be encouraged to access additional support.

## Emotional Regulation Workshop



**This workshop will help parents/carers to support their children through those BIG emotions.**  
**We will explore core emotions, what triggers them and learn strategies to help our children on the journey towards self regulation.**



**Berechurch Family Hub  
Colchester**

**Monday 11th March 2024**

**11am—1:30pm**



Hi, I'm Sam, I first found EXTRA as a parent attending the SWAN course and then moved onto running EXTRA's SEN support group. I have been Co-facilitating EXTRA courses for a year now. I am a mum of three and two of my children have additional needs. I have a background in childcare, education and SEND.

Hello, I'm Karen. I first discovered Extra in 2012 when I was a parent attending the SWAN course, as I have three children who all have additional needs. I have studied counselling and pre-school practices and have been a facilitator with Extra for over 10 years.

For more info or to book a place contact EXTRA on **01255 475001** or  
 Email: [admin@extrasupportforfamilies.co.uk](mailto:admin@extrasupportforfamilies.co.uk)  
[www.extrasupportforfamilies.co.uk](http://www.extrasupportforfamilies.co.uk)

*extra* **SUPPORT FOR FAMILIES**  
 A Charitable Incorporated Organisation  
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 Currently funded by:



Don't forget that lateness will affect your child's attendance record so please ensure that they are in school with everything they need for the day, before the gates close at 8.40am. This also allows the school office to complete crucial daily attendance checks and dinner registers, in good time.

### What is Essex Activate?



Essex Activate is the name of a holiday and food programme, run by Essex County Council on behalf of the Department for Education.

More about this programme, what the clubs offer and how you can book your child onto one of their half term holiday clubs, can be found in the three posters at the bottom of this letter.

## **Beth Chatto Plants and Gardens**

At Beth Chatto's Plants & Gardens we have planned an exciting year of fun activities for children to attend in the school holidays. For more information see the attached flyer below.



## **Save Money - Free School Meals for every EYFS and KS1 Child**

Don't forget that if your child is in **EYFS, Year 1 or Year 2** they are entitled to a free school meal every day. We have some lovely food options, on the menu each day, both hot and cold so why not try to encourage your child to try them out. To start with, you are very welcome to still send them in with a packed lunch too, just in case they do not like what they have chosen. Think of all the money that you could save each day!

## **KS1 (Year 2) Sats Update**

You may already be aware that the **Key Stage 1 SATs**, which are administered to children in Year 2, are no longer compulsory national tests and have now been replaced by optional KS1 SATS. As a school, we will be administering the optional tests to our Year 2 children, across the month of May.

Your child's class teacher will give you more information nearer the time, but we just wanted to reassure you that the children will be fully prepared, and the tests will be administered in a relaxed and supportive way.

## **Upcoming dates for your diary**

2.2.2024: NSPCC Number Day and Dress Up for Digits, and TT Rockstars Tournament

5.2.2024-9.2.2024: Children's Mental Health Week

6.2.2024: Safer Internet Day

12.2.2024: PTA Discos (EYFS, Y1 & 2 - 3.10-4.10pm; Y3 & 4 - 4.20-5.20pm; Y5 & 6 - 5.30-6.30pm)

**17.2.2024-25.2.2024: Half Term**

**26.2.2024: Children Return to School**

1.3.2024: Secondary School Offer Day

4.3.2024: PTA Mother's Day Pop-Up Shop

7.3.2024: World Book Day

13.3.2024: Learning Conferences 4.00-7.00pm

14.3.2024: Learning Conferences 3.40-6.00pm

15.3.2024: Comic Relief

27.3.2024: Easter Service Assembly at School

**29.3.2024-14.4.2024: Easter Holidays**

**15.4.2024: Children Return to School**

Wishing you all a lovely weekend.



Kindest regards

*J. Crookes* *W. Byrne*

Sarah Crookes & Wendy Byrne

**WE LOVE DISCO**

YEARS RECEPTION, 1 & 2  
3:10 - 4:10PM

YEARS 3 & 4  
4:20 - 5:20PM

YEARS 5 & 6  
5:30 - 6:30PM

MONDAY 12TH FEB.

£5

PRICE INCLUDES ENTRY, DRINKS, SNACKS AND GIFT


TICKETS MUST BE PRE ORDERED AT  
[HTTP://WWW.PTA-EVENTS.CO.UK/FOCH](http://www.pta-events.co.uk/foch)


TO ENSURE YOUR CHILD IS BOOKED A PLACE PLEASE SELECT THE CORRECT YEAR GROUP.  
BOOKING WILL STRICTLY CLOSE AT 3PM ON THURSDAY 8TH FEB - THIS IS TO ENSURE WE HAVE TIME TO  
PROCESS THE ADMIN AROUND THIS EVENT AND ENSURE CORRECT RATIOS ARE IN PLACE.

IF YOU HAVE A PROBLEM BOOKING, YOU CAN CONTACT US BY OUR SOCIAL MEDIA PLATFORMS OR BY  
EMAILING [INFO@FRIENDSOFCANNHALL.CO.UK](mailto:info@friendsofcannhall.co.uk)

INSTA - @CANN\_HALL\_PTA

FACEBOOK - FRIENDS OF CANN HALL SCHOOL - PTA







## WHAT IS ESSEX ACTIVATE?

Essex ActivAte is the name for the Holiday Activity and Food programme across Essex, run by Active Essex, Essex County Council and Thurrock Council, on behalf of the Department for Education.

### Who is the programme for?

Clubs are suitable for children aged 4-16 years old who are eligible for benefits based free school meals or from 'low income' working families who benefit from this extra support. Some clubs may offer paid spaces that run alongside Essex ActivAte, however these can be limited.

### What do the clubs offer?

Essex ActivAte clubs offer mainstream primary and secondary provision across the county, also dedicated mental wellbeing and SEND clubs. Each club delivers a variety of physical and enrichment activities, fun food education and a nutritious meal. Family support is also available alongside the programme.



### How can I book my child onto a club?

To book onto a club during February, May/June or October half term, head over to the Essex ActivAte booking page on our website, then select the area you live in or the category you require and follow the steps.

To book onto a club during the easter, summer or winter holidays, use the link on your WONDE e-Voucher to find a club and book on, or contact a club directly.

### What is considered 'low income'?

We understand that all families circumstances are different, therefore if you are in employment or on an income which means you are unable to attend a holiday club without our support – you can book on.







## HALF-TERM & HOLIDAYS EXPLAINED...

### EASTER, SUMMER & WINTER SCHOOL HOLIDAYS

- The HAF programme runs in the easter, summer and winter holidays and is funded by the Department for Education. This is aimed solely at school children who receive benefits based free school meals during term time.
- Limited spaces are available for low income working families and other vulnerable groups who would otherwise not be able to afford holiday clubs. You can book onto our programme self-certifying.
- WONDE e-Voucher codes are sent by schools to all families eligible for benefits based free school meals. This code allows you to book onto local clubs and verify you are eligible for our programme.

### SPRING & AUTUMN HALF TERMS

- Funded by Essex County Council, Essex ActivAte run clubs during February, May/June and October half term for children on benefit based free school meals or from 'low income' working families.
- The half term programme is funded to provide spaces to those areas most in need across Essex.



SCAN THE QR CODE TO FIND OUT MORE!

You will not receive a WONDE e-Voucher code to book onto our clubs during half term.

You will need to book your child/ren onto a club through the Essex ActivAte website – simply find what clubs are available in your area then book onto a club using the link provided or by contacting the club directly.



## BOOK ONTO A HALF TERM ACTIVITY CLUB WITH ESSEX ACTIVATE!



Eligible children and young people are invited to book onto FREE, fun-filled activity clubs who are run by a network of locally, trusted organisations across Essex, brought to you by Active Essex on behalf of Essex County Council!

### IS MY CHILD ELIGIBLE?

Essex ActivAte offer free, club spaces to primary and secondary school aged children (4-16 years), who are eligible for benefit based free school meals, or from 'low-income' working families, as well as children who may be vulnerable to inactivity or social isolation.

### WHERE WILL THE CLUBS BE RUN?

Clubs will run in Braintree, Basildon, Brentwood, Castle Point, Chelmsford, Colchester, Epping, Harlow, Maldon, Rochford, Tendring and Uttlesford! Due to half term programmes being solely funded by Essex County Council, unfortunately there will not be any clubs running in Thurrock.

### WHAT DO THE CLUBS PROVIDE?

Clubs provide a range of different physical, enrichment and food activities to support children's physical and mental wellbeing, as well as a delicious, nutritious meal!

### HOW DO I BOOK ONTO A CLUB?

As half term programme are smaller and offer less activity days, you will not book on with your HolidayActivities voucher, but book on through the Essex ActivAte website instead. Simply find your local area and book on with the link provided or contact the club directly.



Find out more about February half term clubs and book on here. 



# TENDRINGSHOW



Brought to you by Tendring Hundred Farmers' Club

## SCHOOLS COMPETITION

Design a front cover for the show programme  
2024 cover design title:

### Grow it - Cook it - Eat it

"Grow it - Cook it - Eat it" is our theme for the 2024 Show and we would like your pupils to design a front cover showing where our food comes from ie how fruit and vegetables are grown, how milk and bread is processed, how animals and poultry are reared and how fish come from the sea to our plates.

**Make it bold and bright using as many colours as they like!**

**The winning design will be used as the front cover of our 2024 Show Programme.**

- The Programme Cover Competition is open to Primary and Secondary School Students.
- The winning programme cover, to be printed, will be chosen from the two First Prize Winners—each of whom will win Book Tokens and additional show passes for their families.
- Runners-up prizes will also be awarded (see entry form for full details).
- We will also award **£150** to each of the winning Primary **and** Secondary Schools.
- **FREE** entry to the show for **every** child who enters.
- Please ensure the name, age and school are clearly marked on each entry form.
- The top 30 entries will be displayed in the Education Tent at the Tendring Show on **Saturday 13th July 2024**, to be viewed by over 20,000 visitors!
- Please photocopy the PROGRAMME COVER ENTRY FORM attached, as required.

**ENTRIES CLOSE ON FRIDAY 26th APRIL 2024**



If you have any further queries, please contact us on the details below

Tendring Hundred Farmers' Club  
Admirals Farm, Heckfords Road, Great Bentley, Colchester CO7 8RS  
Tel: 01206 231821 E-mail: [info@tendringshow.co.uk](mailto:info@tendringshow.co.uk)





## ENTRY FORM

# Schools Competition

Design a cover for the 2024 Tendring Show Programme

"Grow it - Cook it - Eat it" is our theme for the 2024 Show and we would like your pupils to design a front cover showing where our food comes from ie how fruit and vegetables are grown, how milk and bread is processed, how animals and poultry are reared and how fish come from the sea to our plates.

Make it bold and bright - use as many colours as you like!

Use the whole of the area for your design.

- **PRIZES:** Book tokens for Primary & Secondary School Winners
- 1st £25.00 plus two free adult and two child passes
- 2nd £15.00 plus two free adult passes
- 3rd £10.00 plus one free adult pass
- 2 x £5.00 runners up
- 10 x Highly Commended Certificates
- **FREE ENTRY TO SHOW FOR EVERY CHILD WHO ENTERS**
- Closing date Friday 26th April 2024

Name of your School \_\_\_\_\_

Your Name \_\_\_\_\_

Your Age \_\_\_\_\_

YOUR DESIGN SHOULD FILL THIS A5 AREA  
(PORTRAIT)





# KIDS AT BETH CHATTO'S PLANTS & GARDENS

FEBRUARY HALF TERM 20TH-24TH  
SPRING BIRDFEEDERS & GARDEN SCAVENGER HUNT

EASTER EGG HUNT TUESDAY 26TH MARCH – BANK  
HOLIDAY MONDAY 1ST APRIL (NOT SUNDAY)

TUESDAY 2ND APRIL – SATURDAY 13TH APRIL  
WOODLAND ANIMAL TRAIL AND PLANTING  
ACTIVITIES

BANK HOLIDAY MONDAY 27TH MAY – SATURDAY 1ST  
JUNE, ALL ABOUT BUGS, MAKE A BUG HOTEL,  
EXPLORE THE GARDEN ON A BUG HUNT



BETH CHATTO'S PLANTS & GARDENS, CLACTON ROAD, ELMSTEAD MARKET, ESSEX, CO7 7DB  
WWW.BETHCHATTO.CO.UK 01206 822007

