

Cann Hall Primary School

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Head Teacher:

Sarah Crookes

Deputy Head Teacher:

Wendy Byrne



Friday 27th January 2023

Dear Parents and Carers,

We had a lovely visit from a Headteacher of a school in Harwich, this week, who had heard all about the displays we have of the children's work, around the school and had asked if she could come over and take a look. Well, she was so impressed with what she saw – the range and quality of the children's work and in particular the children's handwriting. After walking around and taking lots of photographs of our displays, she asked if all her teachers could come to Cann Hall, in the summer, to get some first-hand inspiration to take back to their school.



Girls' Football



Football Result!

Girls Football Match

Cann Hall 3 – 0 Great Clacton

Amelia, Poppy and Ava-Beau scored our goals yesterday.

The girls played some brilliant football and worked very hard to help each other defend. Another great win!

Well done girls!

Strike action Update

You will have received some initial correspondence, regarding the up coming strike action on **Wednesday 1st February**. At the beginning of next week, we will be in a better position to share the proposed arrangements. Please just be prepared to have to organise childcare for this day, as some of our classes are likely to be closed.

KS1 Cricket Tournament

Some of the Year 2 children attended a Cricket Festival on Monday at Clacton Coastal Academy. They thoroughly enjoyed practising some basic cricket skills and learnt a new cricket game called Three Tees.



Energy Drinks



After sending out a reminder, in our parent update, on Friday 6th January 2023. We are still noticing, lots of children bringing in Prime Hydration Energy Drinks, into school. Please ensure that your child is only bringing **water, flavoured water or 'no added sugar' squashes** into school, each day. Thank you!

Reading Books and Diaries

Please, please, please remind your children to bring their reading books and diaries into school every day, so they can read throughout the day and complete their quizzes.

Clacton FC



Clacton FC are currently looking for some additional players to join their under 12s girls' squad in preparation for next season. Training sessions are held at Rush Green (FC Clacton Football Club) on Saturday mornings from 11am until 12:30. If you are interested, please see the poster, with more information below.

NSPCC Number Day and Dress Up for Digits Day

We're looking forward to seeing the children's number related outfits on **Friday 3rd February**. Don't forget to encourage your child to keep practising their times tables, in readiness for our TT Rockstars NSPCC Rocks Tournament of this day too.

Attendance Update

Our average attendance this week is again is **93.4%**, which means we still need to improve. We seem to have been stuck on this percentage for the last few weeks. Please ensure that your children are in school every day so they can keep up with their learning, which will give them the best opportunity to do well in school and make progress.

If your child's attendance falls below 90% you should expect to receive a letter to alert you of this, and when we feel it is necessary, home visits will be arranged. If your child's attendance falls below **96%**, we require evidence to authorise any further absence. You can check your child's current attendance using the My Child at School App.

Lateness does also affect your child's attendance. Please try to ensure that your child arrives at school before the gates close, each morning at **8.40am**.



Tending Show Programme Competition



If your child would like to enter the **Front Cover Competition for the Tendring Show Programme**, this year, their teacher will be sending them home with all the information they need and an entry form today. Please return any entries to the school by **Monday 17th April** so that we can send any entries off in good time. Good luck everyone!

EXTRA - support for parents



At the bottom of this letter, there is a list of upcoming courses, workshops and informal parent/carer groups being offered by **EXTRA**. There are also two separate flyers with more information about two workshops, **EXTRA** will be offering in March – **Your Sensory Child workshop** and **Attention Deficit Hyperactivity Disorder (ADHD)**

FREE Developing Wellbeing and Resilience Course for Parents and Carers

If you are interested in taking part in a free wellbeing and resilience course, which starts on the 22nd February and runs for four weeks, you can still find out more information on the poster below.

Upcoming dates for your diary:

3.2.2023: NSPCC Number Day and Dress Up for Digits

3.2.23 NSPCC Rocks Tournament (TT Rockstars)

11.2.2023-20.2.2023: Half Term

20.2.2023: Non-Pupil Day

1.3.2023: Secondary School Offer Day

2.3.2023: World Book Day

17.3.2023: Comic Relief

1.3.2023: Secondary school offer day


8.3.2023 & 9.3.2023: Learning Conferences

1.4.2023-16.4.2023: Easter Holidays

17.4.2023: National Primary Offer Day

Wishing you all a lovely weekend.

Kindest regards,



Sarah Crookes



FC Clacton

Girls Football U12'S

School years 6 & 7



Training Saturday Mornings 11-12:30

At FC Clacton, Rush Green Rd, CO16 7BQ

Matches on Sundays

Girls wanted from Years 6&7

For further information contact:

Brian Telford (Manager): 07764970278

Or

Ross Myhill (Coach): 07737514069

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Developing Resilience and Wellbeing ***A FREE four week course for Parents/Carers of children*** ***(0-19) SEN&D/Emotional difficulties***

Resilience Training

Introducing the idea of building resilience (managing the daily family pressures and stress), and using what we know, can help children and ourselves to bounce back when life is particularly tough.

Resilience is the ability to withstand and recover from stressful life challenges, strengthened and more resourceful. The course focuses on what it means to be a parent of a child/children and the particular challenges the family may face on a daily basis

The course aims to build parents' resilience, so they are well placed to enjoy their journey bringing up their children:

- *Share and explore their travels so far*
- *Take note of and celebrate the skills they have acquired along the way*
- *Map their needs in preparation for the next adventure*
- *Practise and rehearse possible strategies for building their skills and strengthening their resolve to journey on*



"I enjoyed learning about meeting and knowing my basic needs, resilience in a meeting – learnt skills to have a positive attitude. To put into action all that I have learnt on the course" (Parent comment)

Course details

Dates: 22nd Feb 1st 8th 15th
March 2023

Times: 10:00 to 13:30

Venue: Jaywick Community Resource
Centre, Brooklands Gardens, Jaywick,
Clacton-on-Sea CO15 2JS

For more information, or to book:

Contact EXTRA on 01255 475001 Text 07794991987, or
email admin@extrasupportforfamilies.co.uk or link to book:
<https://interactchelmsford.wufoo.com/forms/z1u3p2l31fotsrw/>



InterAct, Charity Registration No: 1048631 Company Registration Number: 3087233

THE
COMPASS
PARTNERSHIP OF SCHOOLS

A charitable trust
company number: 10360957

Alderwood - Deansfield - Halstow - Horn Park
South Rise - Willow Dene - Wingfield

CEO of The Compass Partnership: John Camp



Available from EXTRA – Spring 2023

Courses

STOP – 11 Weeks.

Jaywick Community Resource Centre – Monday 9th January, 10am – 12pm.

SWAN – 11 weeks.

Jaywick Community Resource Centre – Tuesday 10th January 12-2pm.

Managing Anxiety – 7 Weeks.

Jaywick Community Resource Centre – Thursday 19th January 10am-12pm.

Step By Step – Primary – 9 weeks

White Hall Academy – Thursday 12th January 9:30-11:30am.

Step By Step – Primary – 9 weeks

Long Meadows Community Centre - Harwich – Monday 16th January 9:30 – 11:30am.

Mindfulness – 6 Weeks.

Zoom – Wednesday 22nd Feb – 10m-12pm.

Youth Mental Health First Aid – 4 Weeks.

Zoom – 16th January, 9:30am – 1:30pm.

Developing Resilience – 4 Weeks.

Jaywick Community Resource Centre – 22nd February, 10am-13:30pm.

Workshops

ADHD

Via zoom, Thursday 23rd March, 10:30am – 12:30pm

Your Sensory Child

Jaywick Community Resource Centre – 16th March, 10am – 12:30am

Transition to secondary school.

Jaywick Community Resource Centre – 8th Feb – time TBC.

Informal Parent/Carer Groups

Assisted Self-weigh

Jaywick Community Resource Centre, every Tuesday, 10.00 – 11.30am

Parents2B & Parents with Young Babies

Jaywick Community Resource Centre, every Tuesday, 10.00 – 11.30am

Walton SEN Support Group for parents/carers of children with additional needs

Walton Community Centre, last Wednesday of month in term time, 1.00 – 2.30pm

Feel Good Friday

Jaywick Community Resource Centre, every Friday 10.00-11.30am

Friday Friends

St Nicholas Hall, Harwich, every Friday during term time, 10.00 – 12noon

(Call Home Start Harwich to book a place: 01255 556230)

For more information; Tel: 01255 475001

Website: www.extrasupportforfamilies.co.uk

Email: admin@extrasupportforfamilies.co.uk



Your Sensory Child Workshop



This workshop will help parents/carers to understand sensory processing difficulties experienced by their child and give tips on how to help them

Jaywick Community Resource Centre
Thursday 16th March 2023
10am - 12.30pm

For more info or to book a place contact EXTRA on **01255 475001** or



Email: admin@extrasupportforfamilies.co.uk

www.extrasupportforfamilies.co.uk

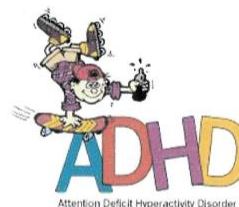


extra SUPPORT FOR FAMILIES

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Attention Deficit Hyperactivity Disorder (ADHD) Workshop



This workshop will help parents/carers to understand Attention Deficit Hyperactivity Disorder (ADHD) and give tips on how to positively manage their children's behaviour

Zoom
Thursday 23rd March 2023
10:30am - 12:30pm

For more info or to book a place contact EXTRA on **01255 475001** or



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