# Cann Hall Primary School

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**Head Teacher:** Sarah Crookes Deputy Head Teacher: Wendy Byrne



Friday 20th January 2023

Dear Parents and Carers.

Wow! How can it already be Friday again! We have had another busy week here in school. The Year 3 children are loving their swimming sessions and all the children, across the school are well into this term's learning.

## Attendance Update

Our averaged attendance this week is again 93.4%, which means we need to improve.

If your child's attendance falls below 90% you should expect to receive a letter to alert you of this, and when we feel it is necessary home visits will be arranged. If your child's attendance falls below 96%, we require evidence to authorise any further absence. You can check your child's current attendance using the My Child at School App.

Lateness does also affect your child's attendance. When the weather is bad, please try to leave home in good time to ensure that your child is still in school before the gates close at 8.40am.



#### **Christmas Jumpers**



The PTA are still collecting Christmas jumpers. If you have any items, that you no longer want, the collection box is still in the school foyer.

## **Spare Clothing and Carrier Bags**

If you have any school trousers or items of underwear (vests, knickers, pants, socks) that are in a good condition and your children have now grown out of, we would be very grateful. We are also in need of carrier bags if you have any going spare! Please hand any items into the school office - thank you!

#### Free Pre-Loved Books

Next week, weather permitting, we will be placing lots of pre-loved books out under the bicycle shelter, at the front of the school. Please come and take a look and help yourselves.





Alderwood - Cann Hall - Deansfield - Halstow - Horn Park - John Ray Junior Notley Green - Shalford - South Rise - Willow Dene - Wingfield

## FREE Developing Wellbeing and Resiliance Course for Parents and Carers

Please see the poster below, if you interested in taking part in this course and would like some more information.

# **Upcoming dates for your diary:**

3.2.2023: NSPCC Number Day and Dress Up for Digits

3.2.23 NSPCC Rocks Tournament (TT Rockstars)

11.2.2023-20.2.2023: Half Term 20.2.2023: Non-Pupil Day

1.3.2023: Secondary School Offer Day

2.3.2023: World Book Day 17.3.2023: Comic Relief

1.3.2023: Secondary school offer day

8.3.2023 & 9.3.2023: Learning Conferences

1.4.2023-16.4.2023: Easter Holidays 17.4.2023: National Primary Offer Day

Wishing you all a lovely weekend.

Kindest regards,

J. Crowner

Sarah Crookes









# **Developing Resilience and Wellbeing** A FREE four week course for Parents/Carers of children (0-19) SEN&D/Emotional difficulties

# Resilience Training

Introducing the idea of building resilience (managing the daily family pressures and stress), and using what we know, can help children and ourselves to bounce back when life is particularly tough.

Resilience is the ability to withstand and recover from stressful life challenges, strengthened and more resourceful. The course focuses on what it means to be a parent of a child/children and the particular challenges the family may face on a daily basis

The course aims to build parents' resilience, so they are well placed to enjoy their journey bringing up their children:

- Share and explore their travels so far
- Take note of and celebrate the skills they have acquired along the way
- Map their needs in preparation for the next
- Practise and rehearse possible strategies for building their skills and strengthening their resolve to journey on



"I enjoyed learning about meeting and knowing my basic needs, resilience in a meeting - learnt skills to have a positive attitude. To put into action all that I have learnt on the course" (Parent comment)

#### Course details

Dates: 22nd Feb 1st 8th 15th

March 2023

Times: 10:00 to 13:30

Venue: Jaywick Community Resource Centre, Brooklands Gardens, Jaywick,

Clacton-on-Sea CO15 2JS

#### For more information, or to book:

Contact EXTRA on 01255 475001 Text 07794991987, or emailadmin@extrasupportforfamilies.co.uk or link to book: https://interactchelmsford.wufoo.com/forms/z1u3p2l31fotsrw/



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Horn Park

